

EasyLine by Technogym



NEW



Summer Classes Schedule

Mon	Tues	Wed	Thurs	Fri	Sat
8.30	0700		09.30	0700	09.30
	10.30				
			1800		
20.00	1900	1930	20.00	1900	

Lose weight

Improve Strength & Metabolic training

Improve health

Improve Physical Condition

Easy to use equipment

High Rate of Calorie Expenditure

And above all save time!

Ideal for all Ages, Teams, and for those who are intimidated by traditional gyms

For further information and booking kindly contact Alan Curry on 79903961